

Care summary — Ava

Age: 7 wk (adjusted, from due date)

Dates: Wed Oct 21, 2026 – Fri Oct 23, 2026

Generated: Oct 24, 2026 at 8:00 AM

Daily totals

Day	Feeds	Diapers	Sleep logged
Wed Oct 21, 2026	8	8	9h 56m
Thu Oct 22, 2026	7	7	10h 25m
Fri Oct 23, 2026	8	8	10h 09m

Sleep counts completed put-down → awake pairs within each day.

Events

Wed Oct 21, 2026

1:00 AM	Feed	left · 12 min
1:25 AM	Diaper	wet · dirty
1:55 AM	Put down	
3:15 AM	Awake	
4:04 AM	Feed	right · 17 min
4:29 AM	Diaper	wet
4:59 AM	Put down	
6:30 AM	Awake	
7:08 AM	Feed	4.0 oz
7:33 AM	Diaper	wet
8:03 AM	Put down	
9:45 AM	Awake	
10:12 AM	Feed	right · 18 min
10:37 AM	Diaper	wet · dirty
11:07 AM	Put down	
1:00 PM	Awake	
1:16 PM	Feed	left · 14 min
1:41 PM	Diaper	wet
2:11 PM	Put down	
4:15 PM	Awake	
4:20 PM	Feed	4.0 oz
4:45 PM	Diaper	wet
5:15 PM	Put down	
6:45 PM	Awake	
7:24 PM	Feed	left · 15 min
7:49 PM	Diaper	wet · dirty

8:19 PM	Put down	
10:00 PM	Awake	
10:03 PM	Feed	right · 20 min
10:28 PM	Diaper	wet
10:58 PM	Put down	

Thu Oct 22, 2026

12:50 AM	Awake	
1:07 AM	Feed	right · 15 min
1:32 AM	Diaper	wet
2:02 AM	Put down	
3:39 AM	Awake	
4:11 AM	Feed	left · 20 min
4:36 AM	Diaper	wet
5:06 AM	Put down	
6:54 AM	Awake	
7:15 AM	Feed	3.0 oz
7:40 AM	Diaper	wet · dirty
8:10 AM	Put down	
10:09 AM	Awake	
11:19 AM	Feed	left · 12 min
11:44 AM	Diaper	wet
12:14 PM	Put down	
1:39 PM	Awake	
2:23 PM	Feed	right · 17 min
2:48 PM	Diaper	wet
3:18 PM	Put down	
4:54 PM	Awake	
6:02 PM	Feed	3.0 oz
6:27 PM	Diaper	wet · dirty
6:57 PM	Put down	
8:44 PM	Awake	
9:06 PM	Feed	right · 18 min
9:31 PM	Diaper	wet
10:01 PM	Put down	
11:59 PM	Awake	

Fri Oct 23, 2026

1:14 AM	Feed	left · 18 min
1:39 AM	Diaper	wet
2:09 AM	Put down	
4:03 AM	Awake	

4:18 AM	Feed	right · 14 min
4:43 AM	Diaper	wet · dirty
5:13 AM	Put down	
6:33 AM	Awake	
7:22 AM	Feed	3.5 oz
7:47 AM	Diaper	wet
8:17 AM	Put down	
9:48 AM	Awake	
10:01 AM	Feed	right · 15 min
10:26 AM	Diaper	wet
10:56 AM	Put down	
12:38 PM	Awake	
1:05 PM	Feed	left · 20 min
1:30 PM	Diaper	wet · dirty
2:00 PM	Put down	
3:53 PM	Awake	
4:09 PM	Feed	3.5 oz
4:34 PM	Diaper	wet
5:04 PM	Put down	
7:08 PM	Awake	
7:13 PM	Feed	left · 12 min
7:38 PM	Diaper	wet
8:08 PM	Put down	
9:38 PM	Awake	
10:17 PM	Feed	right · 17 min
10:42 PM	Diaper	wet · dirty
11:12 PM	Put down	